

Essential Travel Items

No need to worry, our pros thought of every item for your upcoming trip. All you have to do is put them in a bag. Please note that not every item will apply to your trip. Pack smarter, not harder.

Clothes

- Shirts/Blouses/Tops
- Dresses
- Pants/Skirts/Shorts
- Socks
- Undergarments
- Jacket
- Sweatshirt
- Pajamas
- Walking Shoes
- Belt

Personal Hygiene

- Toothbrush
- Toothpaste
- Floss
- Mouthwash
- Deodorant
- Hair Brush
- Shampoo and Conditioner
- Bar Soap
- Face Wash
- Q-tips
- Feminine Hygiene Products

Documents

The documents listed below are recommendations and may not be applicable to your specific trip. However, if your group is traveling internationally or by air, you will need the appropriate government issued identification.

- Charge & ATM Card
- Some Cash
- Government Issued ID
- Passport* - International
- International Visas *
- Vaccination Certificates*
- Copies of Important Documents

Health

- Antibacterial Wipes
- Hand Sanitizer
- Prescription Medication
- Allergy Medication
- Pain Relief
- Epipen
- Bandages
- First Aid Kit
- Vitamins

Weather / Seasonal Permitting

- Winter Coat
- Long Sleeve Shirts
- Sweaters/Cardigan
- Scarf
- Gloves/Mittens
- Hat (baseball or knitted)
- Flip-flops
- Swimsuit
- Raincoat
- Umbrella
- Poncho
- Sunscreen
- Bug Repellent

Miscellaneous

- Water
- Refillable Water Bottle
- Snacks
- Backpack
- Fanny Pack
- Purse
- Security Pouch
- Travel Bag
- Luggage Locks

PRO TIP

Bring good walking shoes! It is always more walking than you might anticipate. Make sure to gear up and plan ahead!

TRAVEL *comfortably*

- Reading Material
- Sunglasses
- Camera
- Cell Phone
- Chargers
- Headphones
- Lip Balm
- Travel Pillow/Blanket
- Earplugs
- Sleeping Mask
- Plastic Bags

FOLLOW OUR ADVENTURE

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